

ADULT SYNCHRO 2026-2027

FRIDAYS @ SPORTS CENTRE	
	ADULT 2
6:30 PM	ADULT 2 SYNCHRO*
6:45 PM	
7:00 PM	
7:15 PM	

***FRIDAY ADULT 2:**

October 16, 30
November 13, 27
December 11
January 8, 22
February 5, 19
March 5, 19

(Alternates every other week with STAR 8 Synchro)

SUNDAY @ SPORTS CENTRE - SCHEDULE A		
	ADULT 2	ADULT 3
6:30 PM	OFF-ICE** (Pre-determined dates TBD)	
6:45 PM		
7:00 PM		
7:15 PM		
7:30 PM	ADULT 2 ON-ICE	
7:45 PM		
8:00 PM		
8:15 PM		
8:30 PM		
8:45 PM		ADULT 3 ON-ICE
9:00 PM		
9:15 PM		

SCHEDULE A:

October 4, 18
November 1, 15, 29
December 13
January 10, 24
February 7, 21
March 7

**OFF-ICE PRACTICE DATES TBD

SUNDAY @ SPORTS CENTRE - SCHEDULE B		
	ADULT 2	ADULT 3
6:30 PM		OFF-ICE** (Pre-determined dates TBD)
6:45 PM		
7:00 PM		
7:15 PM		
7:30 PM		ADULT 3 ON-ICE
7:45 PM		
8:00 PM		
8:15 PM		
8:30 PM	ADULT 2 ON-ICE	
8:45 PM		
9:00 PM		
9:15 PM		

SCHEDULE B:

October 11, 25
November 8, 22
December 6
January 3, 17, 31
February 14, 28
March 14

**OFF-ICE PRACTICE DATES TBD