

**2024-2025**

# **STARSKATE HANDBOOK**



**SKATE**CANADA  
**MARTENSVILLE**

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## CLUB CONTACT INFORMATION

### **Skate Martensville**

Box 707

Martensville, SK S0K 2T0

\skatemartensville.ca

**General Information:** [skatingclub1@gmail.com](mailto:skatingclub1@gmail.com)

**Registration:** [skatemville.reg@gmail.com](mailto:skatemville.reg@gmail.com)

**Fundraising:** [skatemville.fundraising@gmail.com](mailto:skatemville.fundraising@gmail.com)

**Find us on Facebook:** [@SkateMartensville](https://www.facebook.com/SkateMartensville)



# WE ARE

## *Skate Martensville*

We encourage  
**CREATIVITY.**

We skate with **PASSION**  
and **DETERMINATION.**

We **RESPECT**  
ourselves, our peers,  
our coaches, our volunteers  
our families and our rink.

We are **PROUD** of our club.



We **SUPPORT** one another.

We make  
**FRIENDS.**

We achieve  
**GOALS.**

We have  
**FUN.**



We celebrate **INDIVIDUALITY** and **DIVERSITY.**

We value **OPEN**  
**COMMUNICATION.**

We **DREAM BIG.**

We strive to  
achieve our  
**PERSONAL**  
**BEST**  
every day.

We act with **INTEGRITY** and  
**HONESTY** on and off the ice.

We enter the rink with  
**OPEN HEARTS** and  
**OPEN MINDS.**



We are a **FAMILY.**



# **WELCOME TO SKATE MARTENSVILLE!**

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This handbook was developed to help club members and parents understand the many aspects of the STARSkate program. Please take time to read this handbook and familiarize yourself with the club, the programs we offer, the sport of skating and what will be expected from you as a member of our club.

## **CLUB HISTORY**

Skate Martensville was formed in 1985, one year after the completion of the Martensville Sports Centre. For nearly 40 years, Skate Martensville has taught fundamental movement and basic skating skills to hundreds of young individuals through Skate Canada programming. We look forward to being a part of your skating journey too!

## **SKATE CANADA AFFILIATION**

A not-for-profit organization, Skate Canada is the oldest and largest figure skating organization in the world and is recognized by the Government of Canada and the Canadian Olympic Committee (COC) as the governing body for the sport of figure skating in Canada. Skate Canada is dedicated to creating a nation of skaters both recreationally and competitively.

Skate Martensville is a registered member of Skate Canada and operates under Skate Canada's programs, development standards, and rules.

To learn more about Skate Canada, please visit [skatecanada.ca/portfolio-item/about-sc](https://skatecanada.ca/portfolio-item/about-sc).

## **CLUB EXECUTIVE**

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Skate Martensville is run by an elected executive. All positions are filled by volunteers and held for a two year term. Executive members meet monthly to ensure the club is running effectively. The executive is responsible for all registrations, ice rentals, budgeting, hiring of coaches, maintaining membership with Skate Canada, fundraising, end-of-year ice show, and carrying out a multitude of other details related to the effective operation of the club.

New executive members are greatly encouraged and are elected at the club's annual general meeting in April. If you are interested in being a part of the executive or would like more information, please contact a current executive member.



For a current list of board members, please visit [skatemartensville.ca/pages/About-Us/Board-of-Directors](http://skatemartensville.ca/pages/About-Us/Board-of-Directors).

## COACHING STAFF

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Skate Martensville continues to be a successful club with the leadership of its coaches. All of our coaches on the ice are proud Skate Canada professionals with National Coaching Certification (NCCP) and First Aid Certification. Skate Martensville's coaching team works closely with the Club Executive to provide a comprehensive training program for skaters of all skill levels. Our coaches offer a unique team coaching strategy that allows all skaters to access the most appropriate coaching necessary for them to reach their full potential. This strategy not only helps skaters to achieve skating success but also creates an inviting atmosphere that helps its members become the best that they can be both on and off the ice.

Our coaches bring an incredible amount of talent, experience and knowledge to the ice:



**DANNY JAMES**



**NICOLE GRYBA**



**TEAH LENNEA**



**SAM LAUGHREN**

To learn more about our coaching staff, visit [skatemartensville.ca/pages/About-Us/Coaching](http://skatemartensville.ca/pages/About-Us/Coaching).

## RINK FACILITIES

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Skate Martensville utilizes two rinks throughout the season to accommodate a variety of skating programs. Please see our [Club Calendar](#) to reference which ice surface your skater will be skating on.



## **MARTENSVILLE SPORTS CENTRE**

The Martensville Sports Centre is a hub of activity in the winter months. Located at 555 Main Street, the arena is open to a variety of clubs, sports and activities.



## **MARTENSVILLE RECREATION CENTRE**

The new Martensville Recreation Centre is located at 100 Main Street West and will include one regulation-size ice surface with spectator seating, a leisure ice surface with a skate change area, a full-size indoor artificial turf facility, a spectator lounge area, an indoor rock-climbing wall and an indoor playground.

## **CLUB RULES AND EXPECTATIONS**

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Our club keeps the safety of all our members – skaters, coaches, parents and board members – a top priority. Our rules and expectations exist to ensure that your child and all members of Skate Martensville can safely enjoy the club's skating programs in a fun and respectful environment.



## **CLUB RESPONSIBILITIES**

(See [Skate Canada 's Club Code of Ethics](#) for more information.)

1. Conduct a variety of skating programs at the skill and age levels appropriate to the club's membership.
2. Provide professional coaches to teach the programs offered in group and/or private lessons.
3. As required, conduct Skate Canada tests in accordance with Skate Canada rules.
4. As required, conduct competitions for the various skill and age levels of the membership.
5. Conduct club business according to the club's constitution and bylaws and the rules of Skate Canada.
6. Liaison with the Skate Canada National Office, Section and the community.
7. Ensure the amateur status of skaters is protected.

*Skate Martensville IS NOT RESPONSIBLE FOR LOST ARTICLES OR INJURY ON OR OFF THE ICE.*

## **COACH RESPONSIBILITIES**

1. Coaches have the fundamental responsibility to promote skating and to coach to the best of their ability.
2. Coaches are responsible to the skaters - not only as athletes but as individuals who are developing values and beliefs that will last a life time.
3. Coaches must respect another coach's teaching methods, techniques and/or opinions.

## **SKATER RESPONSIBILITIES**

1. Courtesy and respect must be demonstrated to all individuals – skaters, coaches, parents, and rink attendants.
2. Skaters should be on time for all skating sessions and lesson times – whether group, private, skating skills or stroking. Coaches will not leave the ice to find their skaters.
4. If you need to speak to a coach, do so while they are off the ice. Do not interrupt lessons.
5. Appropriate skating attire should be worn.
6. Skate guards should be used when skaters leave the ice, for safety reasons.
7. Dressing rooms must be kept clean and orderly. Trash must be placed in bins provided.
8. Skaters should keep safety in mind at all times:

- a. Get up quickly after falling down
- b. Look in the direction of travel when skating backwards
- c. No pushing, playing tag or bumping into others or the boards
- d. No gum or candy on the ice
- e. Advise club and/or coaches of any special medical conditions

## **CLUB RULES**

1. Fees must be paid prior to the commencement of the skating session.
2. All refund requests must be submitted to the Club Executive in writing and adhere to the [refund policy](#) outlined in detail on our website.
3. Proper skating attire should be worn by all skaters. Please see the section regarding clothing for details.
4. CanSkaters up to and including Stage 5 MUST wear a CSA-approved hockey helmet as per [Skate Canada's Helmet Use Policy](#).
5. No eating or chewing gum while on the ice. Please make sure that your child does not have anything in their mouth before going on to the ice.
6. Coaches are in charge of all skaters while on the ice.
7. It is important that an adult remain in charge of your skater. If this is not going to be yourself, please indicate to the Club/CanSkate Coordinator who will be responsible for your child in case of emergency.
8. Parents who wish to discuss their child's progress with the coach must do so after sessions or when coaches are off the ice. Please do not interrupt program time.
9. If you have a concern about a program assistant, please talk to a Coach or a member of the Club Executive.
10. If you have any concerns, comments, or suggestions please direct them to the Club Executive. If you wish this concern to be discussed by the entire Executive at a meeting, please put it in writing and direct it to the President.
11. Dressing rooms must be kept clean.
12. Please check the TV screen when you come to the rink to find out which dressing room is assigned to your skater.
13. Skaters are allowed to leave the ice to use the washrooms or warm up if necessary but must ask a coach prior to leaving the ice.
14. Parents are not allowed on the ice at any time due to insurance reasons. If you need to take your child off the ice, please get the attention of one of the coaches or program assistants. Please do not go on the ice.
15. No skater is to be on the ice at the same time as the Zamboni.
16. Skate Martensville's ice rental at the Martensville Sports Centre (old rink) does not include the mezzanine (upstairs). Spectators are NOT allowed to view from the mezzanine.



## CLUB POLICIES

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All skating members are expected to adhere to our Club Policies. Please be familiar with the club policies outlined in detail on our website: [skatemartensville.ca/pages/info-resources](http://skatemartensville.ca/pages/info-resources).

## SKATING PROGRAMS

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### STARSKATE

**Skills, Tests, Achievement, Recognition** – this is what **STAR**Skate is all about! STARSkate offers opportunities for skaters of all ages to develop fundamental figure skating skills in the areas of ice dance, skating skills, free skate, synchro and interpretive skating. Unique in Canada, this program teaches figure skating skills in a group and/or private lesson format in a progressive and sequential manner and includes specifically designed awards and incentives.

STAR 1 to 5 offers a solid development pathway for skaters who are entering a figure skating program for the first time. The STAR 1-5 program introduces skaters to the basic figure skating elements to create the foundation for singles, pairs, ice dance and synchronized skating.

STAR 6 to Gold is an assessment and event structure for skaters who completed the STAR 1-5 Program. This structure builds on the skills acquired in STAR 1-5 and introduces skaters to more advanced figure skating elements.

### Disciplines

Figure skating has four disciplines that lead to a high performance pathway:

- **Singles:** Single skating is a term used to describe the discipline of freeskate. Generally, this is the most recognized form of figure skating.
- **Pairs:** Pair skating involves two individuals skating as a unit performing freeskiing moves. Pair skating also includes lifts, death spirals and throws.
- **Ice Dance:** Inspired by ballroom dancing, this discipline incorporates musicality, performances and athleticism to all your favourite rhythms.
- **Synchronized:** Synchronized skating, or “synchro” is a specialized discipline of skating involving groups of eight or more skaters performing various group formations and maneuvers. The objective is for the team to perform as one unit

executing circles, blocks, lines, wheels and intersections in unison to the music, while demonstrating quality edges, power and flow. Synchronized Skating categories accommodate skaters at any age and skill level.

## STARSKATE ASSESSMENTS

Assessing is a part of Skate Canada's STARSkate program. Assessments are designed to assist skaters' development in a progressive manner. The STAR assessment structure is divided into five disciplines:

Skills	Skills is the foundation for all disciplines as it contains all essential edge, push, turn and power development. Skills includes the development of turns in figure form, as well as skill exercises to develop power and control. Field moves are also included in this discipline.
Freeskate	Freeskate introduces skaters to the basic spin positions and jumps as well as performance of these elements in a program format. Freeskate assessments are divided into two parts: elements and programs. ELEMENTS: includes the development of jumps and spins in isolation. PROGRAMS: includes the development of program components and element success in a performance situation.
Dance	Dance encourages power, timing, musicality, and carriage. This discipline strengthens freeskate, artistic and synchro skating. Dance includes the development of skating technique while promoting timing, accuracy and musicality through pattern dances.
Artistic	Artistic develops the program component side of our sport and encourages creativity, expression, performance, and musicality. Artistic includes the development of movement, creativity, projection and interpretation through programs.
Synchro	Synchro introduces skaters to basic elements needed for program development and incorporates an aspect of teamwork. Synchro develops synchronized skating elements through a variety of skating skills and teamwork.

Exposing skaters to all 5 disciplines will ensure skaters will develop a well-rounded skill repertoire that will serve as a foundation for acceleration in our sport. Skaters may move through the STAR assessment structure at their own pace per discipline. For example, a skater may be working on STAR 3 Skills, STAR 1 Dance, and STAR 2 Freeskate.

Assessments may be done at any time throughout the season. Your coach will decide when a skater is prepared for an assessment and will advise the parent/guardian when an assessment will be done.

Depending on the level and discipline, assessments are either conducted by the skater's coach (must be qualified for STAR 6 - Gold) or an evaluator:

STAR 1 – 5	Skills, Freeskate, Artistic, Dance, Synchro	Assessed by the coach
STAR 6 – GOLD	Skills	Assessed by a qualified coach OR an evaluator
STAR 6 – GOLD	Freeskate, Artistic, Dance	Assessed by an evaluator

## **STAR 1-5 ASSESSMENTS**

To enable maximum opportunity for skill progression and development, assessments are designed to occur during regularly scheduled training sessions and do not require additional ice time or coaching fees. All assessments at the STAR 1-5 level are designed to be conducted by the skater's coach. When a skater is ready for a test, the Coach will assess the skater during a regularly scheduled lesson. The flexibility of having a coach assess during lesson times eliminates having to wait for a regional or provincial test day and potentially delaying a skater's progression.

## **STAR 6-GOLD ASSESSMENTS**

All disciplines in the STAR 6 – Gold structure may be assessed either on a designated Assessment Day or on a regular training session. Some assessments require “clear ice” regardless of format. Depending on the level and discipline, assessments are either conducted by the skater's coach (must be qualified for STAR 6 - Gold) or an evaluator. STAR 6 – Gold assessments are organized by the coaches and the club's Test Chair in an effort to provide an assessment format that best suits the situation and the skater.

## **ASSESSMENT ATTIRE**

Regular practice attire is acceptable for STAR 1 and 2 assessments.

Performance attire is recommended for assessments higher than STAR 2. Gloves and jackets may be worn for warm-up but should be removed for the assessment (if temperatures allow). Hair should be neat and pulled back away from the face. Skates and laces should be clean and tidy. See the [Performance Attire](#) section under Equipment & Attire.

## COMPETITIONS

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Competitions are completely optional, but highly encouraged by our coaches. In the past, our skaters have attended several competitions and have had lots of fun! Competitions are successful weekends full of excitement, nerves, team bonding, and learning for all skaters. Each skater contributes to a collection of medals, ribbons, and personal accomplishments that make our coaches and club very proud each season.

### WHY COMPETITIONS?

**Performing:** Competition exposes skaters to the spotlight. Being comfortable performing solo in front of a crowd is an important life skill that can be applied to other aspects of life such as school and work. This skill is also required for skating tests when being evaluated in front of a judge at test days.

**Motivation:** Competition keeps skaters motivated. Skaters work towards a given task (program) with a deadline (competition day) and a goal in mind (to perform their best). Most skaters practice with more determination and purpose when they know a performance is coming up.

**Progress:** This is your skater's chance to shine and show off the skills they've accomplished throughout the season. It's also a chance to gain feedback from an evaluator as to how your skater is doing at their level and what they need to work on.

**Team Bonding:** Competitions are a great time for skaters to cheer on their peers and encourage one another as they perform on the ice. Skaters have fun making posters and showing their club pride throughout the competition. Even though figure skating is considered an individual sport, some of the best memories and friendships are formed between skaters at competitions.

### WHAT TO EXPECT

**STAR 1** introduces skaters to performing elements in a choreographed mini program without music.

**STAR 2&3** introduces skaters to performing elements in a choreographed program to music. It is very similar to higher level events where there is a timed warm-up for each group of skaters followed by performances of individual programs. Judges assess each skater based on standards set by Skate Canada. At the conclusion of the STAR events, each skater is presented with a report card and a ribbon or rosette corresponding to their overall assessment.

**STAR 4 and up** marks the entry point into competitive skating where skaters are scored and ranked. Medals are awarded to the top 3 finishers. All competitors receive a report card listing assessments for each element and program component as well as their overall ranking.

## **COMPETITION DATES**

Competition dates are typically announced at the beginning of the season. Communication about upcoming competition opportunities will be communicated when Skate Martensville receives a technical package from the host club.

## **EQUIPMENT & ATTIRE**

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### **FIGURE SKATES**

Figure skates are recommended for PreSTAR and required for STARSkate.

In skating, skates are the most important piece of equipment. Purchasing appropriate skates to suit the level of skater and your budget is of utmost importance. Providing your child with appropriate skates will help them improve their skating more quickly and will make their on-ice experience more enjoyable.

Talk to your skater's coach about the boots and blades that will be most appropriate for your skater.

### **Buying New Skates**

When purchasing new skates, it is recommended you visit an experienced figure skate fitter - one who will sell you equipment that is appropriate for your skater's strength, technical level, and ability. The process of properly fitting a skate takes about 1-3 hours depending on the level of skating and boot you need. This process should not be rushed. Having a boot that is properly fitted will reduce the skater's chances of injury and increase the possibility of good performance.

Professional fitters have a variety of other tools to help custom fit every boot. Bring your old skates. A used pair of skates tells a story. They tell the fitter about the strength of the skater, whether the skates have been tied properly during use, and many other things that help the fitter determine what boot the skater should be moving into. Bring the socks/tights that you usually skate in; this is important in getting an accurate fit.

Ballet to Broadway in Moose Jaw (232 High St West) carries new Jackson and Edea skates. Please book an appointment to have a one-on-one fitting:

- Bree Campbell: 306-681-4846
- Carime Molde: 306-630-4504

### **Buying Used Skates**

You don't necessarily have to spend a lot of money to get a good pair of skates. There is usually a ready market at local stores and online for second hand skates in reasonably good condition at the beginning of the season, so keep an eye out! Do be cautious that the blade is not so worn that it cannot be sharpened anymore. Used boots often need to be punched out in the ankle area for a comfortable fit. Properly done, punching is a precise adjustment that takes some time. Over-punching (making too much room in the boot) can cancel out all the advantages you got from having a carefully fitted boot.

### **How the Boot Fits**

The most important consideration when buying skates is how the boot fits. This can make the difference between frozen feet and frustration, and having fun on the ice. Contrary to what most people think, the average skater takes a half size smaller than their walking shoe.

Make sure:

- The boot is snug around the instep and the heel
- There isn't much buckling of the leather around the ankle
- There is a gap of 3-4cm (1-1.5") between the lacing and the instep
- There is enough room for the skater to wiggle their toes
- Remember to fit skates over thin socks or tights. Bulky or thick socks don't allow toes to breathe, causing sweaty feet that are more susceptible to the cold. Plus, thicker socks often bunch around the ankles which can cause discomfort for the skater.

Here's a simple test to see if you've got the right fit - lace up the boot, then ask someone to hold the blade down and see if you can lift your heel. If you can, then try a half size smaller. A word of warning to parents - when you are buying skates for your skater, make sure the boot gives their ankles enough support. Don't get skates that are several sizes too large to allow them "room to grow". The sooner they can get off their ankles and onto the skate blades, the sooner they (and you) will know the joy of skating.

### **Breaking in New/Used Skates**



Most skate brands use a technology that allows the boot to flex and bend in the ankle area while still being tied tight for support. However, even though the heat molding process fits the boot to the foot, the skater will still have to physically break in the crease area. Walking around in the skates at home, or doing squats while the skates are properly tied, will help break in the crease area.

Some boots may need punching out in the ankle area for a comfortable fit. If you are having your boots punched, allow at least twenty minutes in the shop. Properly done, punching is a precise adjustment that takes some time. Over-punching (making too much room in the boot) can cancel out all the advantages you got from having a carefully fitted boot.

### **Keep on Top of Changes**

When a skater's feet grow or change shape, adjustment to the boot may be necessary. Never suffer through a problem! Skate technology has come a long way, and an experienced fitter can make your boots perfect.

### **Care for Your Skates**

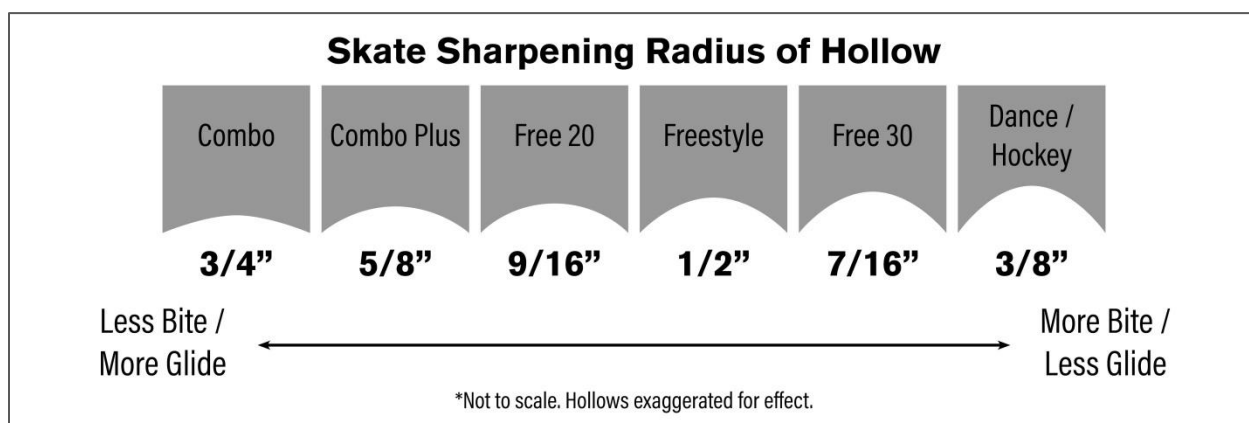
With a reasonable amount of care, a pair of skates can last a long time. Here are some maintenance tips:

- Dry the blade after each use ensuring all snow and ice have been removed. This includes the sole of the boot.
- Place dry blades into a cloth blade protector for storage. Do not put blades back into the hard skate guards, as trapped water could form rust on the edges of the blade.
- Skates should be aired out each day after practice to allow the leather to dry. Skater's feet sweat inside their skates. Damp leather could rot and weaken the boot.
- Blades should always be protected by skate guards when walking to and from the ice surface. NEVER walk on floors with unprotected blades.
- Do not sharpen skates the night before a test day or competition!

### **Sharpening the Blades**

- Brand new skates should be sharpened before you use them for the first time.
- The bottom toe pick should NOT be removed. This is part of the design of figure skates. Toe picks are needed to execute some skills and are essential to proper balance.
- Sharpening will get rid of any nicks and/or rust that may accumulate.
- Skates should be sharpened after approximately 20-40 hours of skating, depending on the quality of the blade.

- The type of sharpening is dependent on the skater's preference and their skill level. Newer skaters typically start out with a Combo Plus (5/8") sharpening. As skaters progress and start double jumps, they may want to move to a Free 20 (9/16") or Freestyle (1/2").
- We recommend having figure skates sharpened by one of these local sharpeners:
  - **Russ Prosko** (by appointment only)  
Saskatoon  
306-384-0341
  - **Atlas Outdoors**  
#2-501 Neufeld Street, Warman  
306-500-0369



## PRACTICE ATTIRE

Skate Martensville asks all STARSkaters to adhere to the following practice attire in promotion of:

- a safe and positive learning environment
- healthy self-image
- respect for self and others

At the STARSkate level, a coach needs to see a skater's body alignment to give proper advice and feedback about technique. As such, Form-fitting clothes that stretch are better than tight, restrictive or oversized clothes that restrict movement. Here is the recommended attire for STARSkaters:

- Skaters should wear athletic clothing on the ice in layers. Clothes should be form-fitting or close to it, to allow coaches to see the body line for proper execution of technique.
- Girls are encouraged to wear a skating dress with beige-colored tights to practice to simulate their performance attire.

- A snug sweater or zip-up can be worn over a skating dress or shirt. Even if it is very cold in the arena, please do not practice in heavy or bulky clothing. Baggy, loose fitting attire is not appropriate. Layer form-fitted clothing instead!
- Gloves or mittens are acceptable during practice, but coaches may occasionally request bare hands during lesson time for choreography purposes.
- Hair should be tied back or pulled up. It is very important that hair be away from the face at all times. Longer hair in a bun, braid or a neat and tidy ponytail are good choices and ensures hair doesn't distract your skater as they spin and jump. If your skater has bangs, make sure they are cut short or pinned back so hair isn't in the skater's eyes.
- Baggy clothing (e.g. sweats, pajama pants, loose sweaters, bunny hugs, etc.), restrictive clothing (e.g. jeans) or revealing clothing (e.g. low-rise pants, crop tops, short shorts, transparent/see-through material, etc.) will not be tolerated.
- Small jewelry such as earrings, necklaces, and rings are allowed as long as they do not interfere with the skater's performance on the ice. Jewellery should be securely fastened to the body at all times. Large, bulky, or dangling jewelry will not be tolerated.
- Clothing must completely cover the skater's chest, torso, and undergarments.
- Clothing must be free of inappropriate logos, phrases, and pictures.

Examples of appropriate practice attire:



Any skaters who do not comply with the practice attire outlined above will be asked to leave the ice. If you are unsure about an article of clothing, please ask your coach.

## PERFORMANCE ATTIRE

Your skater should look and feel their best at competitions, assessments (Star 3+), and ice shows. Here is the recommended attire for performances:

- Skating dresses with beige tights for girls and black pants with a dress shirt for boys are mandatory.

- The skater should be able to practice in their outfit a few times before competition to ensure everything looks good, stays in place, and is in no way impeding the skating.
- Skating tights should fit well and be in good condition; no pilling or rips. Packing an extra pair in case of an unexpected tear is a good idea!
- If your skater is wearing tights that do not cover the skate boot, ensure skates are clean and polished.
- Hair must be well secured to ensure it won't fall out part way through a program. Longer hair in a bun, braid or a neat and tidy ponytail are good choices and ensures your skater's hair doesn't interfere with their performance. Always secure wispy hair with gel or hairspray.
- Cotton finger-mittens and a club jacket are acceptable to wear during warm-up but should be removed before the evaluation/performance.

Examples of appropriate performance attire:



## PROGRAM ASSISTANTS

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To enable our club to deliver an effective program and to meet the requirements set out by Skate Canada, we require the help of Program Assistants to assist our CanSkate members on the ice.

Program Assistants consist of STARSkaters and/or former Skate Canada members who volunteer their time both on and off the ice to assist our coaches in delivering the

CanSkate program. Program Assistants should be 12 years of age, or have passed the STAR 1 Freeskate assessment.

All eligible STARSkaters are required to participate as a Program Assistant for a minimum of one CanSkate session per week. If there are extenuating circumstances that prohibit your skater from participating as a Program Assistant, please bring this to the attention of your coach and/or an Executive Member so the club can adjust its CanSkate program accordingly.

Program Assistants are required to attend training prior to the skating season. If your skater is eligible to be a Program Assistant, you will receive information about the Program Assistant training session upon registering your skater.

## UPCOMING EVENTS

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### YEAR-END ICE SHOW (CARNIVAL)

The year-end ice show (aka, Carnival) is an opportunity for skaters to show off the skills they acquired throughout the skating season. Skaters are assigned a variety of solo and/or group numbers based on their level of skating. Coaches work with the skaters to choreograph their performance(s) to themed music. Skaters are encouraged to get creative with their costumes to reflect the theme of each performance. Parents, friends and family are encouraged to come out to the rink to watch and cheer on their STARSkater. The ice show ends with presenting the annual club awards.

Carnival will occur on Sunday, March 24, 2024. Due to the number of routines STARSkaters are expected to perform and the complexity of the choreography, **all practices during the month of March are mandatory for all STARSkaters. Any STARSkater missing more than 2 days of practice during March will not be permitted to perform in the ice show.**

Please note the following dates and tentative times that have been reserved for pictures and dress rehearsal:

- Picture Day – March 11, 2025 @ 3:30-6:30pm
- Dress Rehearsal – March 20, 2025 @ 4:00-6:00PM

Further details for the Carnival (ie. theme, music, routines, costumes, etc.) will be available by the end of January.

# REGISTRATION

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## REFUND POLICY

Prior to the onset of the skating season:

1. Refund requests, along with a general explanation, must be submitted by September 30.
2. Please email your request to [skatemville.reg@gmail.com](mailto:skatemville.reg@gmail.com).
3. All registration fees will be refunded, minus a \$25 administration fee.

During the skating season:

1. A refund can be given on a prorated basis for physical injuries that would prevent a skater from continuing to the end of the season. A medical professional's or physiotherapist's certificate/note must be submitted <sup>1</sup>. Requests must be made within 14 days of the injury. Refunds will be based on program fees only (less a \$25 administration fee) and will be prorated from the last day of skating <sup>2</sup>.
2. A refund can be given on a prorated basis if a skater has moved 60 km or more outside of Martensville city limits. Refunds will be based on program fees only (less a \$25 administration fee) and will be prorated from the last day of skating <sup>2</sup>.
3. A refund can be requested for first-time skaters registered in a Pre-CanSkate program if the coach feels the skater is not yet ready to participate AND after attending the first two consecutive lessons. Refunds must be requested before the end of the fourth lesson of the Pre-CanSkate program. Refunds will be based on program fees only (less a \$25 administration fee) and will be prorated from the last day of skating <sup>2</sup>.
4. Refund requests will not be accepted after March 1.
5. Requests for refunds must be sent in writing to Skate Martensville Club: [reg@gmail.com](mailto:reg@gmail.com)
6. Approved refund requests will be processed within 2 weeks.
7. All refund requests must contain the following information:
  - First and Last name of skater
  - Email address
  - Last day of skating (if applicable)
  - Details of request (including a doctor's note/certificate if applicable)

<sup>1</sup> Recognized by the College of Physicians and Surgeons of Saskatchewan.

<sup>2</sup> Refunds will not include the Skate Canada membership or the Skate Saskatchewan fee.

## REGISTRATION FEES – WHERE DO THEY GO?



People wonder all the time where their money goes – why are skating fees so much? Registration fees help with the cost of running a successful program for all skaters. Below is a list of some of the expenses that your fees help to pay for:

- Ice rental fees
- Coaching fees
- Office & programming supplies such as markers to write on ice, binders, cheques, postage, paper, etc.

Your registration fees help to alleviate some of these financial costs, however, fundraising and various applicable grants are also needed. If you have any questions about your fees and how they are structured, please talk to an Executive Member.